

## ***Disclaimers***

### **Medical Disclaimer**

Always consult your physician or health care provider before beginning any health program. The suggestions provided to you during the cleanse are not meant to replace advice from your healthcare professional. Consult with your healthcare professional with any questions you have regarding your current health issues. If you are taking medication, please follow your physician's advice. It is advised you consult with your doctor before using any herbal support.

### ***Weight-Loss Disclaimer***

While many participants in the Spring Detox & Cleanse lose weight, the weight-loss testimonials presented apply only to the individuals depicted, cannot be guaranteed, and should not be considered typical. As with any health or fitness program, a sensible eating plan and regular exercise are required in order to achieve long-term weight loss.

### ***Safety Disclaimer***

If you are pregnant, nursing, diabetic, on medication, have a medical condition, or are beginning a weight control program, consult your physician before participating in the Spring Detox & Cleanse program.

### ***Information for Educational Purposes***

Information provided in all cleanse publications is for general purposes only and designed to help you make informed decisions about your health. It is not intended to substitute advice from your physician or health-care professional.